

Food Origins

Where in the world does our
food come from?



What does *origin* mean?

Origin: The point or place where something begins





North America

Europe

Asia

Africa

South America

Australia

You are here



Origin vs. Source





Bananas



Largest producer:
Iceland (in Europe)



Origin place:
Papua New
Guinea





Iceland

Papua New Guinea



Iceland



Papua New Guinea



Questions?



Whole vs. Processed Foods



Whole



Processed

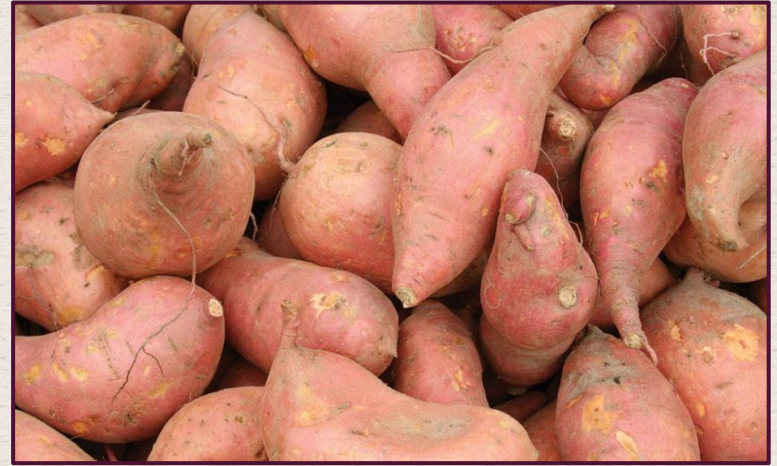




The Story of Sweet Potatoes

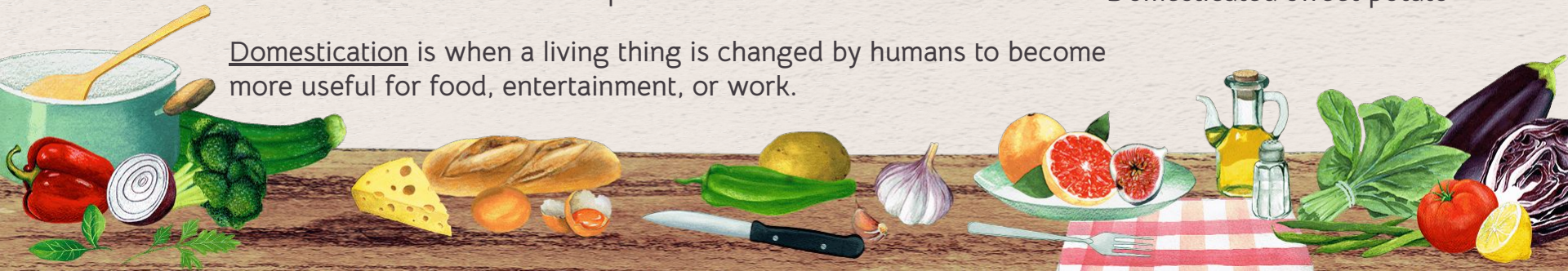


Wild sweet potato



Domesticated sweet potato

Domestication is when a living thing is changed by humans to become more useful for food, entertainment, or work.

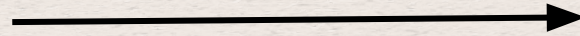


From Wolves To Dogs

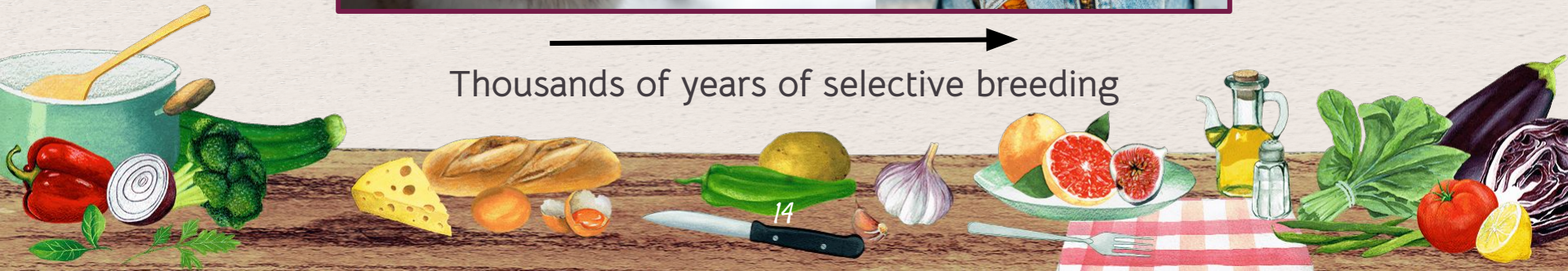
Wild Animal



Domesticated
Animal



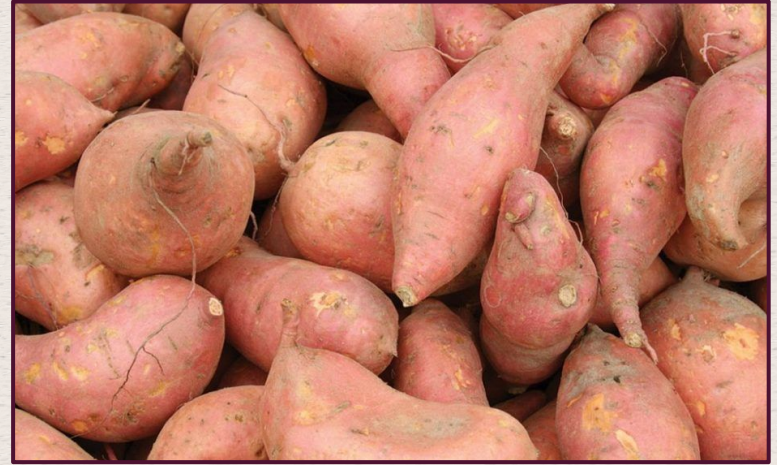
Thousands of years of selective breeding



The Story of Sweet Potatoes

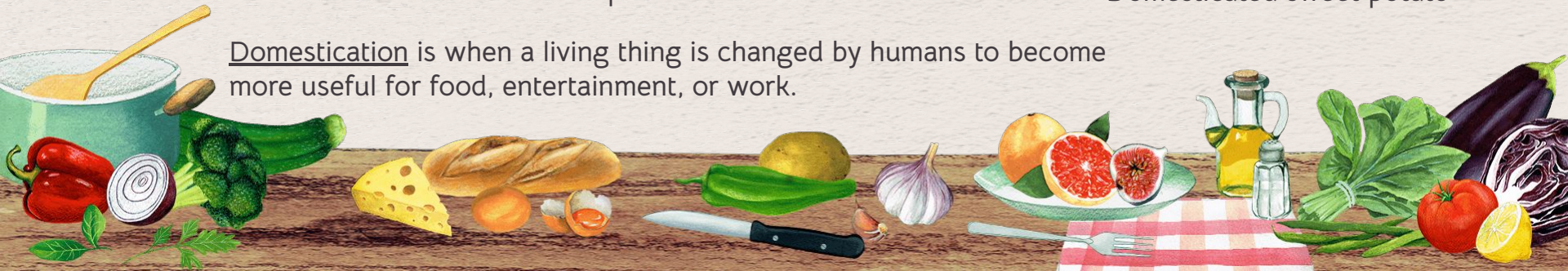


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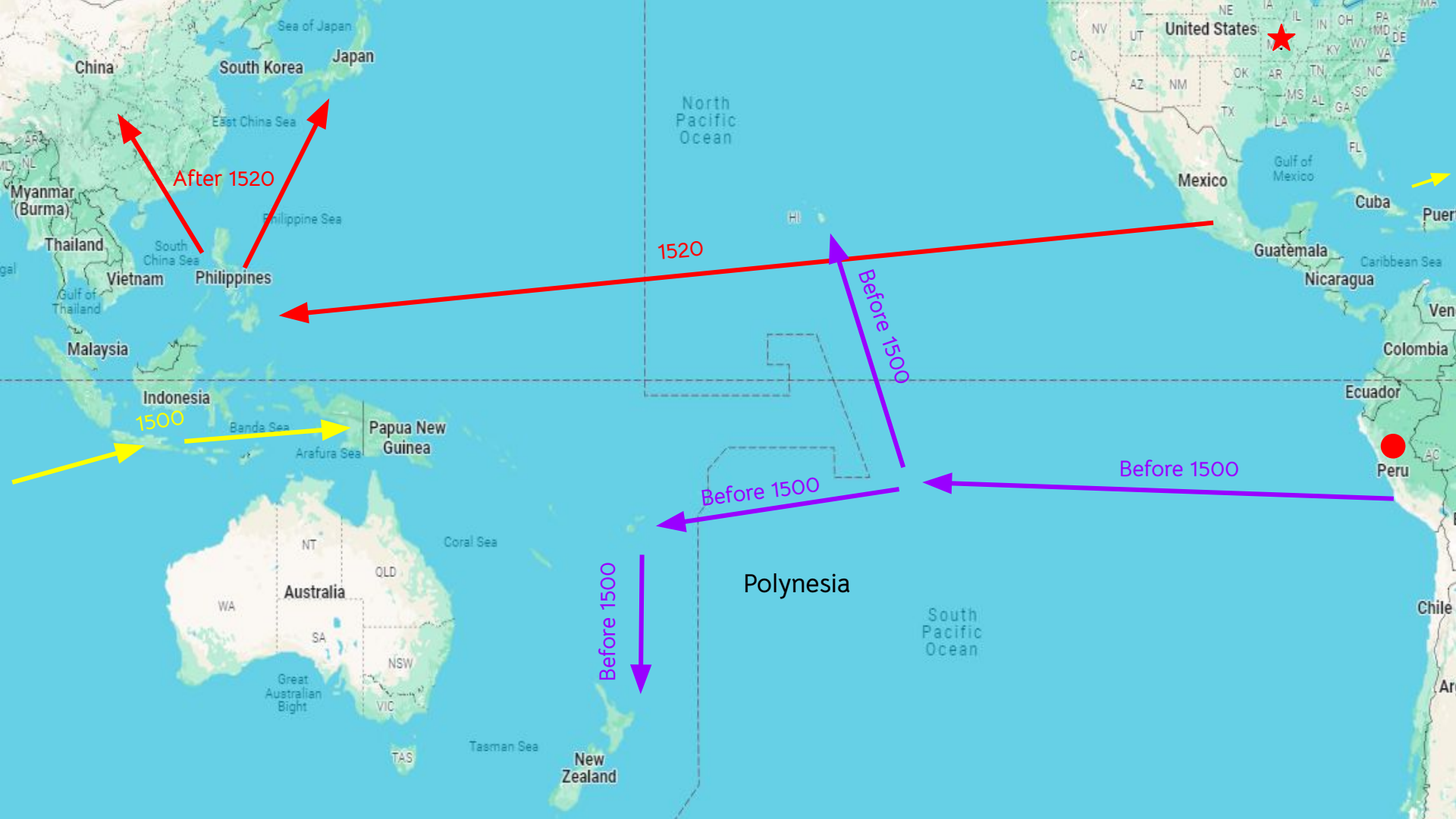


Where do sweet potatoes originate from?





Peru



Questions?



Activity

Let's find the origin of your favorite whole food!





North America

Europe

Asia

Africa

South America

Australia

You are here





F00D FINDER 5000

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												END?		

Welcome to F00D FINDER 5000! Tap a crop to learn more. Tap the green button to return home. Tap "END?" to finish.



FOOD FINDER 5000 ● ● ● ● ●

												END?		

id: strawberry
 origin: western U.S.
 fact: the strawberries we eat are a mix of 2 wild strawberries



FOOD FINDER 5000 ● ● ● ● ●

												END?		

id: apple
 origin: Kazakhstan
 fact: The city "Alma Ata" in Kazakhstan means "full of apples"



FOOD FINDER 5000 ● ● ● ● ● ●

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id: grapes
origin: Black Sea area
fact: While these grapes are from Asia, there are wild grapes in Missouri, too!



FOOD FINDER 5000 ● ● ● ● ●

id: dragonfruit
origin: Central America
fact: Dragonfruit is the fruit of a kind of cactus!

END?



FOOD FINDER 5000



END?

id: pomegranate
origin: Iran
fact: Pomegranates were once valued like gold or ivory!



FOOD FINDER 5000 ● ● ● ● ●

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id: blueberry
origin: North America
fact: other types of blueberries also originate from Asia, Europe, and South America



FOOD FINDER 5000 ● ● ● ● ●

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id: watermelon
 origin: South Africa
 fact: 5000 year old
 seeds have also been
 found in North Africa!



FOOD FINDER 5000



id: avocado
origin: Mexico
fact: Avocados are evergreen trees!



FOOD FINDER 5000 ● ● ● ● ●

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id: orange
origin: China and Myanmar
fact: Oranges are a hybrid of mandarin and pomelo!



FOOD FINDER 5000 ● ● ● ● ●

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id: lemon
origin: India, China, or Myanmar
fact: Lemons are hybrids of citron and bitter oranges



FOOD FINDER 5000



id: sweet cherry
origin: Georgia and Azerbaijan
fact: Turkey grows 3x more cherries than any other country

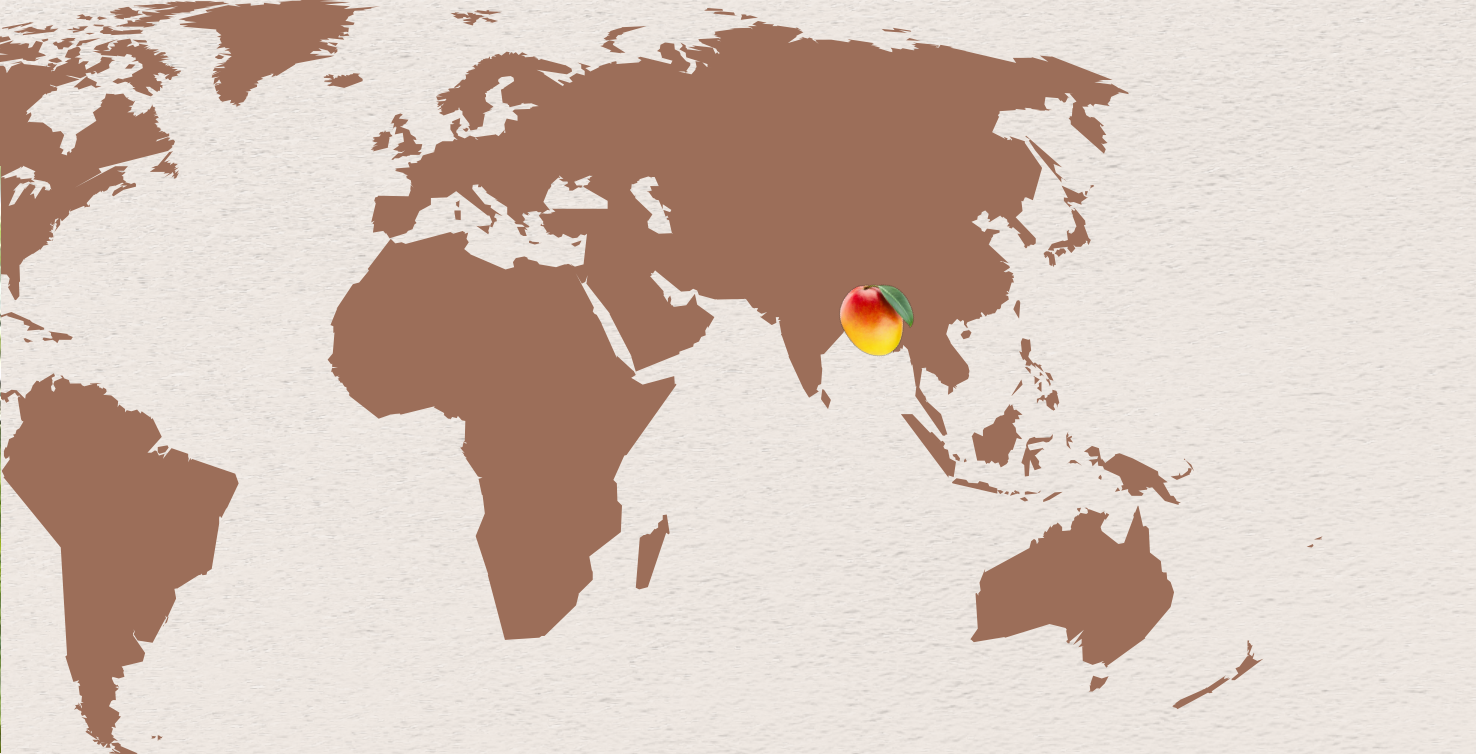


FOOD FINDER 5000



END?

id: kiwi
origin: China
fact: Almost all domesticated kiwis we eat today originated in New Zealand (star)



FOOD FINDER 5000



id: mango
origin: India and Myanmar
fact: Mango seeds were originally spread by an unknown, extinct animal



FOOD FINDER 5000 ● ● ● ● ●

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id: pear
origin: Western China
fact: China grows 16 tons of pears a year. No other country grows even 1 ton!



FOOD FINDER 5000 ● ● ● ● ●

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id: tomato
origin: Peru and Ecuador
fact: The word "tomato" comes from the native Nahautl word "tomatl"



Solanum agrimoniifolium

Cultivarible

FOOD FINDER 5000



id: potato
origin: Peru
fact: There are wild potatoes that originate in the U.S.



FOOD FINDER 5000



id: onion
origin: Central Asia(?)
fact: Onions were domesticated over 7000 years ago, and their origins are unclear



FOOD FINDER 5000



id: lettuce
origin: Egypt
fact: Lettuce seeds were eaten for thousands of years before Egyptians grew it for leaves!



My Garden Seeds

FOOD FINDER 5000



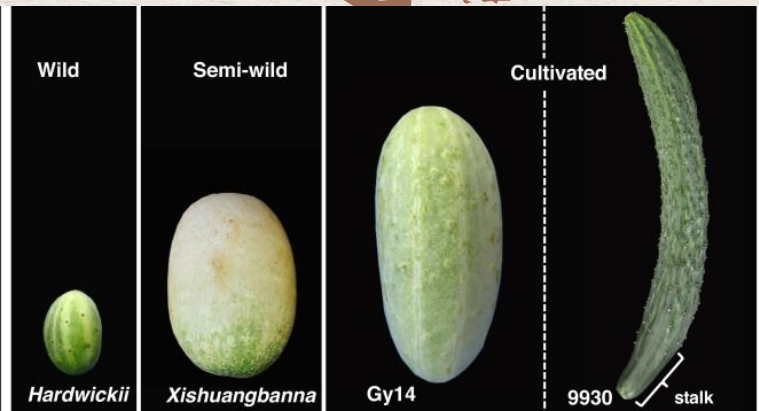
id: carrot
origin: Afghanistan
fact: Carrots were originally grown for their leaves, not their orange roots



FOOD FINDER 5000 ● ● ● ● ● ●










































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id: pepper
origin: Mexico
fact: Humans have been eating peppers for at least 9500 years!



FOOD FINDER 5000

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												END?		

id: cucumber
origin: India
fact: Pickles may have been invented to feed workers at the Great Wall of China



FOOD FINDER 5000



id: celery
 origin: Greece or Italy
 fact: About 100 years ago, celery cost more than caviar because it was so hard to ship!



FOOD FINDER 5000 ● ● ● ● ●

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id: broccoli
origin: Italy
fact: Broccoli is actually un-bloomed flower buds



FOOD FINDER 5000 ● ● ● ● ●

												END?		

id: corn
origin: Mexico
fact: Corn was first domesticated about 9000 years ago



FOOD FINDER 5000 ● ● ● ● ● ●

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id: green beans
 origin: Mexico
 fact: 80% of the world's green beans are sourced from China



FOOD FINDER 5000



id: asparagus
origin: Eastern Europe
fact: Asparagus was named by Greeks - in English, it was called "Sparrow Grass"



FOOD FINDER 5000



id: Kale
origin: Greece
fact: Kale, cabbage, brussel sprouts, and broccoli have the same wild origin plant!



FOOD FINDER 5000



id: Garlic
origin: China
fact: The wild plant origin of garlic is unknown, but scientists think it is one of a few Chinese plants



FOOD FINDER 5000 ● ● ● ● ●

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id: eggplant
origin: ?
fact: Eggplants came from Africa, India, or South Asia - or a combination!



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FOOD FINDER 5000 ● ● ● ● ● ●

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id: pumpkin
origin: Texas and Mexico
fact: Some scientists think this was the first ever domesticated plant!



photo by S. Shebbs

FOOD FINDER 5000 ● ● ● ● ● ●

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id: sunflower seeds
origin: New Mexico and Arizona
fact: Sunflowers were one of the first plants farmed in Missouri



FOOD FINDER 5000 ● ● ● ● ●

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id: sugarcane
origin: Papua New Guinea
fact: Sugarcane is the source of much of the world's sugar, along with sugar beets!



FOOD FINDER 5000 ● ● ● ● ●

												END?		

id: beet
origin: Greece
fact: Beets were grown for their leaves before their roots were eaten



FOOD FINDER 5000 ● ● ● ● ●

														END?

id: coffee
origin: Ethiopia
fact: It is a mystery when humans started to drink coffee, but scientists think it was about 600 years ago



FOOD FINDER 5000 ● ● ● ● ●

												END?		

id: tea
origin: India and East Asia
fact: Tea leaves were chewed for thousands of years before the drink was invented



FOOD FINDER 5000



id: cocoa beans

origin: Amazon

rainforest

fact: Cocoa beans were used as money in the Aztec Empire



FOOD FINDER 5000 ● ● ● ● ●

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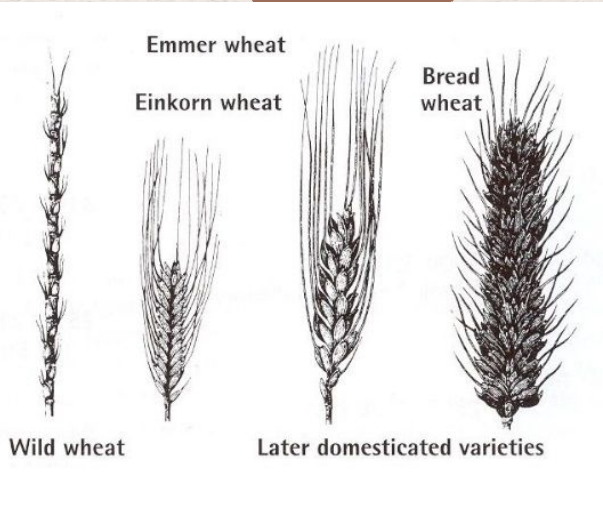
id: kidney beans
origin: Mexico
fact: Kidney beans come from the same wild plant as green beans



FOOD FINDER 5000 ● ● ● ● ● ●

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id: cinnamon
origin: Seychelles
fact: Cinnamon sticks are actually the bark of the cinnamon tree!



FOOD FINDER 5000

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												END?		

id: wheat
origin: Jordan and Palestine
fact: Wheat has been grown by people for at least 11,500 years!



FOOD FINDER 5000



END?

id: finger limes
origin: Australia
fact: Finger limes have been compared to popping boba - but they aren't closely related to limes!



FOOD FINDER 5000 ● ● ● ● ●

												END?		

id: rice
origin: Asia, Africa,
and North America!
fact: Wild rice, African
rice, and white rice
come from all over



F00D FINDER 5000



id: coconut

origin: Philippines and Indonesia

fact: Coconuts are more closely related to grass than apples or mangoes



FOOD FINDER 5000 ● ● ● ● ●



Our foods have origins all around the world! Thank you for learning with us today.